

# MORNING MENU

## 9.00-11.30 am

### Breakfast from the counter

Croissant (V) - Kcal 280	£2.10
Pain au Chocolat (V) - Kcal 322	£2.25
Cinnamon morning bun (V) - Kcal 325	£2.50
Lemon morning bun - Kcal 324	£2.50
Somerset Cheddar and tomato filled croissant (V) - Kcal 547	£4.75
Ham and Somerset Cheddar filled croissant - Kcal 647	£5.00
Sourdough toast, butter, choice of preserves (V)	£2.00

### Breakfast from the kitchen

Overnight oats, apple, pear and cinnamon (Ve) - Kcal 267	£3.75
Vegan yoghurt, house granola, raspberry and hibiscus (Ve) - Kcal 267	£3.95
Seasonal fruit salad, pomegranate, and mint (Ve) - Kcal 135	£4.50
Dry cured bacon breakfast roll - Kcal 360	£4.00
Cumberland sausage breakfast roll - Kcal 577	£4.25
Roasted field mushroom and vine tomato breakfast roll - Kcal 386	£3.95
Welsh rarebit, tomato chutney (V) - Kcal 459	£7.00
Eggs Benedictine - Kcal 681	£8.00
Three eggs any way on toast- Fried, Scrambled, poached - Kcal 358	£6.00
Formans smoked salmon, scrambled eggs on sourdough toast - Kcal 674	£11.00
English breakfast plate - Kcal 1178 Grilled bacon, cumberland sausage, roasted tomato, eggs, sourdough toast and butter	£9.95

### Community blend coffee

Single Espresso - Kcal 6	£2.00
Single Espresso Macchiato - Kcal 25	£2.00
Double Espresso - Kcal 11	£2.50
Double Espresso Macchiato - Kcal 36	£2.60
Americano- Kcal 6	£2.80
Flat white - Kcal 76	£3.00
Latte - Kcal 141	£3.00
Cappuccino - Kcal 144	£3.00

### Teas

Breakfast, Darjeeling, Earl Grey, fruit, herbal - Kcal 2	£2.40
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<b>Hot Chocolate</b> Kcal 272	£3.00
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The Community Blend supports both those at origin and those preparing and serving this unique coffee, ensuring that every cup you enjoy benefits the local and global community.

#### V-Vegetarian Ve- Vegan

For those with special dietary requirements, who may wish to know about the food and drink ingredients used do not hesitate to ask a member of our team who will happily assist you. Our menu dishes are prepared in environments that are not totally free from allergen ingredients.



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# LUNCH MENU

12:00-3:00pm

## Lunch from the counter

Soup of the day, sourdough roll and butter (Ve) (GF) - Kcal changes daily	£4.50
Free range pork sausage roll, caramelised onion, fennel - Kcal 578	£4.75
Cobble Lane nduja scotch egg - Kcal 695	£4.95
Berkswell cheese, leek, mushroom quiche (V) - Kcal 826	£7.00
Selection of seasonal salads made with 'Waste Knot' and Future 50 ingredients	£7.00 sml £9.00 lrg

## Daily changing Sandwiches

Vegan cheddar cheese, kimchi toastie (Ve) - Kcal 385	£6.30
Smoked salmon bagel, cream cheese, chives - Kcal 577	£8.50
Free range egg, tuna, vine tomato, black olive - Kcal 352	£7.00
Welsh rarebit, tomato chutney (V) - Kcal 651	£6.70
Mature Cheddar, ham, grain mustard butter, salad - Kcal 280	£7.50
Cobble Lane salami, gherkin, gem lettuce - Kcal 224	£7.50

## Larger plates

Potted H. Forman & Son smoked salmon, cucumber, soda bread - Kcal 395	£10.00
Crown Prince squash with chickpeas, house crispy chilli oil, garden herb salad (Ve) - Kcal 303	£10.50
Gem lettuce Caesar, Old Winchester cheese, soft Burford Brown egg (V) - Kcal 450	£11.50
Free range roast chicken, romesco, baby potatoes, watercress salad - Kcal 798	£12.50
Burger 35 day aged beef burger patty, toasted brioche bun, vine tomato, kimchi, gochujang mayo, sweet potato fries - Kcal 726	£12.75
London Beer battered cod, triple cooked chips, lemon, tartar sauce - Kcal 1093	£13.50

## Individual tasting boards

Antipasti board, Belazu kalamata olives, charred artichokes, stuffed peppers, seasonal raw vegetables, green goddess dip, beetroot humus (Ve) - Kcal 548	£8.00
Cured meat selection from Cobble Lane Islington, coppa, fennel, salami, nduja, Islington salami, cornichons, house pickles, sourdough bread - Kcal 726	£10.00
Selection of finest seasonal British cheeses from Paxton and Whitfield, London's oldest cheese shop, chutney, crackers - Kcal 608	£11.00
H. Forman & Son cured salmon selection, including beetroot cure, gin cure, smoked salmon, hot smoked salmon, blinis, capers, sour cream and lemon - Kcal 404	£13.00

## Soft drinks/coolers

Fruit juice	£2.60
Coca-cola, diet, Zero - Kcal 280	£2.70
Fever tree mixers	£2.70
Elderflower sparkling	£3.50
Lemon and mint cooler	£3.50
Elderflower and ginger	£3.50
Hamilton fizz	£3.50

## White wine by the glass 175ml

Chilean Sauvignon Blanc	£6.20
Rioja Tempranillo Blanco	£6.50

## Red wine by the glass 175ml

French Merlot	£6.20
Hamilton Height Shiraz	£6.50

## Sweet

Vegan chocolate Brownie	£4.75
Fruit salad	£5.25
Lemon posset, blackberries, meringue - Kcal 536	£4.95

## Hackney Gelato Ice Cream

Raspberry - Kcal 119	£5.00
Cappuccino - Kcal 212	£5.00
Butterscotch - Kcal 199	£5.00
Madagascar vanilla - Kcal 184	£5.00

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# LATE MENU

16:00-21:00 pm

## Snacks and nibbles

Hand cooked crisps (Ve)	£1.60
Mixed pitted olives (Ve)	£3.75
Smoked picco breadsticks (Ve)	£3.95
Free range pork sausage roll, caramelised onion, fennel - Kcal 578	£4.75
Cobble Lane nduja Scotch egg - Kcal 695	£4.95

## Savouries

Vegan cheddar cheese, kimchi toastie (Ve) - Kcal 376	£6.00
Welsh rarebit, tomato chutney (V) - Kcal 428	£6.50
Lincolnshire poacher cheese, ham and sage - Kcal 496	£6.95

## Individual tasting boards

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## White wine by the glass 175ml

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## Thursday Supper Club

The Bridge Bar supper club takes place on selected evenings each month. Each supper is only £16.00 per person (two courses) or £12.00 (main course only) and you must book your table in advance. Student discount of 20% is applicable for this supper. Booking closes on Tuesdays. Limited spaces are available.

Please book with the Bridge Bar team on:

Phone: 0207 458 7838

Email: [bridgebar@graysinn.org.uk](mailto:bridgebar@graysinn.org.uk) .

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